

Acceptance, Appreciation & Abundance Part 3

When you dislike, fear, or reject something you are judging it. Once you judge it you effectively hold it in place and are unable to see it in any other light. Accepting that same thing allows you to see that it is simply an illusion. Who or what created that illusion? YOU did. YOU created all the illusions that you see or experience through any of your senses. YOU even created your senses! When you completely accept what is before you, you “see” the illusion as well as the power that allows the illusion to exist – YOUR power. When this occurs you can: 1) collapse the illusion by releasing the power from it and drawing it back inside you, or 2) enjoy it in its absolute perfection, because *all illusions are perfect illusions*. They must be, because YOU created them to be perfectly what they are.

Whether it's a beautiful sunset or a heap of garbage, it is a perfect illusion, sustained by YOUR infinite love, power and wisdom. This cannot be known without acceptance. All the so-called ‘bad things’ that happen in the world continue to happen because our judgments perpetuate them. When you make something wrong it becomes yours, but when you accept it exactly as it is, with no desire to change or destroy it, it becomes YOURS. You experience an expanded sense of who you really are (YOU) and a sense of appreciation grows inside you.

I know this is not what we were taught, although the words “accepting your life as it is”, or similar statements, were often spoken to us. However, if you were to listen to the message behind those words, it basically came down to, “Shit happens; deal with it.” “When life hands you lemons, make lemonade” was also a popular saying that was actually intended only to pave over our negative reactions to the discomforts in life. This is because our teachers never experienced complete acceptance themselves, or, if they did, we always interpreted it differently. It was only when I woke up to life's true purpose and design that I even caught a glimmer of what acceptance and appreciation truly are.

Acceptance is the non-judgmental perception of a person, place, thing or event as an incredible illusion that YOU, in your *infinite wisdom and creative passion*, created for two purposes. In the first stage of the human journey YOU created all people, places, etc to help YOU forget who YOU are and hide YOUR unlimited power. In the second stage of this human experience, YOUR creations become the means by which you reclaim YOUR true power, and in so doing you remember who YOU really are.

Appreciation is the blissful feeling you have when you recognise the power and purpose behind all YOUR creations – the so-called “good” and “bad” in the world. It is similar to gratitude except that it points the wonderful feeling back at YOU, instead of toward some outside power or being. Appreciation helps you grow in awareness of who you really are and the unlimited potential which YOU forgot that YOU had.

In English, the word “appreciation” includes the meaning of expansion or growth in value, and this is where true abundance comes in. The more you accept about your life, the more you appreciate YOURSELF as the source. The more this happens, the more your sense of abundance grows, and along with it, the material evidence of this abundance.

This article is a personal sharing of what a wonderful experience true abundance really is, and how it begins with simple acceptance. I can honestly say that I rarely experienced abundance, appreciation, or acceptance in my life, and when I did it was always in small doses, and always misunderstood. When I realised that there are two distinct stages to this human journey, and that I had entered the second stage, I soon became aware of the unlimited potential I carry within me; the potential to live exactly as I want, and have the entire manifest universe to support me. For me, it begins with acceptance.

End of Part 3